

Byron Organic Kitchen

Takeout Menu

All organic ingredients when available
 Monday to Friday 7.30am to 4pm ♦ Saturday & Sunday 8am to 2.30pm
 For delivery phone: 6685 7767

DRINKS

Fresh organic juices - a range of fruit and vegetables	\$4.95
Smoothies - strawberry, banana or mango with your choice of cow, soy or rice milk.....	\$4.95
Coffee - cappuccino, latte, flat white, long black, espresso, mugachino.....	\$3.00
LSD - latte, soy dandy	\$3.00
Chai - made with cow or soy milk	\$3.00
Tea - we have a large selection of herbal, caffeine and non caffeine teas	\$3.00
Wheatgrass shots.....	\$3.00
Milkshakes - chocolate, vanilla, strawberry.....	\$3.50

BREAKFAST

Freshly baked muffins.....	\$3.50
Organic muesli with fresh fruit and your choice of yoghurt or milk	\$4.95
A selection of organic cereals - cornflakes, puffed millet, cocoa bombs...	\$4.95
Fruit toast or fresh sourdough spelt bread with butter and jam	\$3.95
Buckwheat pancakes with maple syrup	\$6.00

All egg dishes are served on sourdough toast with tomatoes and mushrooms

Eggs - organic free range scrambled or fried	\$7.00
Vege omelette.....	\$7.50
Scrambled tofu on toast.....	\$6.50
Toasted sandwich - tomato, cheese and avocado	\$4.50
Baked beans on sourdough toast.....	\$5.00

LUNCH

Vege burger - lentil, tofu or walnut served on a spelt bun with fresh salad	\$8.95
Focaccia fine antipasto mix and salad toasted	\$8.95
Nori rolls - tofu or tempeh served with soy and wasabi	\$4.00
Salad bowl - chick peas, hommous, rice salad, raw salad, tabbouli.....	\$6.50
Mexican casserole	\$6.00
Vege lasagne - layered beans, veges and cottage cheese	\$5.50
Protein loaf - almonds, eggs, cheese with rye bread, fresh veges and herbs.....	\$3.95
Roasted veges - pumpkin, beetroot, potato, sweet potato, carrots, beans	\$6.50
Salad plate - antipasto, hommous, salads, olives and spelt bread	\$8.95

SWEETS

Organic ice cream	\$3.95	Muffins	\$3.50
Vegan cheese cake	\$4.50	Cake of the day	\$4.00
Vegan tarts.....	\$4.50		

Kids' meals half price

